“Moving Beyond Cultural Competency to the Work of Anti-Oppression”

Workshop & Learning Objectives:

The concepts and meanings of cultural competence have evolved through many iterations and continue to expand. What does it really mean to understand and work with different populations and groups proficiently? This training will explore the history of cultural efficacy in the counseling professions. We will look at moving beyond understanding of the stereotypical view of certain groups to gaining a deeper understanding of issues these groups face. This training will cover racism (and other isms), generational trauma, racial trauma, and how to focus on these issues when working with clients. The work of anti-oppression is complex and requires understanding of historical issues, increasing awareness of the world around us, and deep introspection. Join us to share and increase understanding of working with, and advocating for, all of our clients.

As a result of the training participants will take away information regarding:

- Will gain perspective in the history of “cultural competency”
- Will have an increased awareness of the historical context of racism
- Will have an increased understanding of working with racial trauma
- Will expand their skills for working with underserved clients
- Will become increasingly empowered to advocate for client needs

Register

Date: May 22nd, 2020- 9:00am– 3:00pm
Cost: $35.00 for 6 CEUs (lunch will be provided)
Location: 109 North Shore Drive, Waverly MN 55390
Contact: Jackie Shorr
(763) 658-5800 x 1513 or Jacqueline.Shorr@NBMinnesota.com

Register Today online: https://nbminnesota.com/workshop/moving-beyond-cultural-competency-to-work-of-anti-oppression/

Ted Tessier, MA, LMFT, LADC, MAC
Ted is a person of mixed heritage. He comes from Canadian First Nations Anishinaabe (Ojibwe) and French descent. There is a French word, metis, which literally means “mixed blood” that describes his background. He has relatives in Canada and Northern Minnesota. Ted is dually licensed in the state of Minnesota as a marriage and family therapist and an alcohol and drug counselor. He is a board approved supervisor for mental health and addictions counselors. Mr. Tessier has a master’s degree in counseling and psychotherapy from Adler Graduate School and a master’s level certificate in addictions counseling from Grand Canyon University. He has also done post graduate studies in addictions at the University of Minnesota. Mr. Tessier is a therapist with a private practice in Roseville called Tessier & Associates PLLC. He is also adjunct faculty at Metropolitan State University teaching various substance use and human services classes. Currently he is teaching Racial and Cultural Considerations for Alcohol and Drug Counseling. Ted is also a member of the Metropolitan State University American Indian Advisory Committee. His previous experience includes Hazelden Betty Ford Foundation at the St Paul location, Century College where he was program director of the addiction’s studies program, First Nations Recovery Center as a consulting therapist to the treatment program, Nystrom and Associates as a therapist, and worked on an ACT team as a dual diagnosis specialist. Ted is an officer in the Alcohol and Drug Counselor Coalition of Color (ADCCC). He is the former president of Minnesota addictions professionals (MNAP) which is the local affiliate of the national association of addictions professionals (NAADAC) served on the board of directors of NAADAC. In the past he served on board of directors of the Minnesota association of recovery resources for chemical Health (MARRCH)